

The LITANY OF SAINT JULIAN OF NORWICH

God the Father, who made all things for love of us,
have mercy on us.

God the Son, who suffered all things for love of us,
have mercy on us.

God the Holy Spirit, who fills our quiet with His love,
have mercy on us.

Blessed Julian, lover of the Holy Trinity,
pray for us.

Blessed Julian, lover of the Holy Church,
pray for us.

Blessed Julian, lover of the Holy Sacraments,
pray for us.

Blessed Julian, lover of holy prayer,
pray for us.

Blessed Julian, lover of holy solitude,
pray for us.

Blessed Julian, lover of holy silence,
pray for us.

Blessed Julian, lover of your even Christians,
pray for us.

Blessed Julian, teacher of simplicity,
pray for us.

Blessed Julian, teacher of confidence,
pray for us.

Blessed Julian, teacher of trust,
pray for us.

Blessed Julian, teacher of hope,
pray for us.

Blessed Julian, teacher of joy,
pray for us.

Blessed Julian, who showed us God's motherhood,
pray for us.

Blessed Julian, who showed us God's pity for sinners,
pray for us.

Blessed Julian, who showed us God's joy in us,
pray for us.

Blessed Julian, who showed us God's patience with us,
pray for us.

Blessed Julian, who showed us God's reward for us,
pray for us.

Blessed Julian, who showed us God's promise that all shall be well,
pray for us.

Blessed Julian our Mother, *speaking of us to the Father.*

Blessed Julian our Sister, *speaking of us to the Son.*

Blessed Julian our Friend, *speaking of us to the Spirit.*

That we may know what it means to pray:

*God of Thy goodness, give me Thyself,
for Thou art enough to me.
And I can ask nothing that is less
that can be full honor to Thee.
And if I ask anything that is less,
ever shall I be in want,
for only in Thee have I all.
Amen.*