

## THE SEASONAL BLESSINGS

\* = from the *Book of Occasional Services*

### **A**

#### **ADVENT \***

May Almighty God, by whose providence our Savior Christ came among us in great humility, sanctify you with the light of his blessing and set you free from all sin. *Amen.*

May he whose second Coming in power and great glory we await, make you steadfast in faith, joyful in hope, and constant in love. *Amen.*

May you, who rejoice in the first Advent of our Redeemer, at his second Advent be rewarded with unending life. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

### **B**

#### **THE 12 DAYS OF CHRISTMAS \***

May Almighty God, who sent his Son to take our nature upon him, bless you [in this holy season], scatter the darkness of sin, and brighten your heart with the light of his holiness. *Amen.*

May God, who sent his angels to proclaim the glad news of the Savior's birth, fill you with joy, and make you heralds of the Gospel. *Amen.*

May God, who in the Word made flesh joined heaven to earth and earth to heaven, give you his peace and favor. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

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## C

### HOLY NAME

May the heavenly Father grant you every grace and blessing and guide you throughout the coming year. *Amen.*

May God give you an unswerving faith, a steady hope, and a love that does not waver. *Amen.*

May he order your days and bless your work with his peace, and may he hear your every prayer and guide you finally to eternal life and joy. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## D

### THE EPIPHANY \*

May Almighty God, who led the Wise Men by the shining of a star to find the Christ, the Light from Light, lead you also in your pilgrimage to find the Lord. *Amen.*

May God, who sent the Holy Spirit to rest upon the Only-begotten at his baptism in the Jordan River, pour out that Spirit on you who have come to the waters of new birth. *Amen.*

May God, by the power that turned water into wine at the wedding feast of Cana, transform your lives and make glad your hearts. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## OO

### FOR PEACE

May the Prince of Peace rule ever more completely in your hearts and minds. *Amen.*

May the Lord of Gentleness teach us to turn away from cruelty, from violence, and the self-righteous judgment of others which leads to conflict. *Amen.*

May we each in our small way bring peace to our own place in this world, in the assurance that peace will spawn peace, and spread from us to the whole of creation. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## PP

### CHRIST THE KING

May Almighty God, to whose glory we celebrate this feast of the Kingship of his Son be now and evermore your guide and companion in the way. *Amen.*

May Christ the King who ruled from the Cross teach you true humility and the worth of obedient service. *Amen.*

May Christ the King of peace rule in your heart and in your world. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## MM

### IN GRATITUDE

May you be ever grateful to God the Father for his creation of us and of all our world in its immeasurable richness. *Amen.*

May you be ever grateful to God the Son for his Incarnation, his Teachings, his Crucifixion, and Resurrection, and his daily presence with us at the altar. *Amen.*

May you be ever grateful to God the Holy Spirit for his ongoing presence with us in his Church, for his inspiration and guidance, and for unexpected moments of grace and beauty in our lives. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## NN

### IN REPENTANCE

May you go from this place having acknowledged yourselves as sinners in word and deed and in what has been left undone. *Amen.*

May you know always that God's response to our repentance is never less than grace-filled and loving forgiveness. *Amen.*

May you be given the grace to forgive others as God has forgiven you. *Amen.*

And the blessing of God Almighty, (□) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## E

### THE SEASON OF LENT \*

1

*Bow down before the Lord.*

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord. *Amen.*

2

*Bow down before the Lord.*

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. *Amen.*

3

*Bow down before the Lord.*

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. *Amen.*

4

*Bow down before the Lord.*

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore, through Christ our Lord. *Amen.*

5

*Bow down before the Lord.*

Look down in mercy, Lord, on your people who stand before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord. *Amen.*

6

*Bow down before the Lord.*

Look with compassion, O Lord, upon this your people; that rightly observing this holy season, they may learn to know you more fully, and to serve you with a more perfect will; through Christ our Lord. *Amen.*

7

From Palm Sunday through Maundy Thursday

*Bow down before the Lord.*

Almighty God, we pray you graciously to behold this your family, for whom our Lord Jesus Christ was willing to be betrayed and given into the hands of sinners, and to suffer death upon the cross; who lives and reigns for ever and ever. *Amen.*

**F**

**EASTER SEASON \***

May Almighty God, who has redeemed us and made us his children through the resurrection of his Son our Lord, bestow upon you the riches of his blessing. *Amen.*

May God, who through the water of baptism has raised us from sin into newness of life, make you holy and worthy to be united with Christ for ever. *Amen.*

May God, who has brought us out of bondage to sin into true and lasting freedom in the Redeemer, bring you to your eternal inheritance. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

**KK**

**ON INDEPENDENCE DAY**

Of his grace and goodness, the Lord our God has set forth in this continent a nation committed to freedom, equality, and opportunity for all: may you be ever grateful for this gift. *Amen.*

May you always remember the responsibilities of freedom, the obligations of abundance, and the burden of equality. *Amen.*

May you ever place yourself in solidarity with the oppressed, the homeless, and the needy. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

**LL**

**ON FOUNDING DAY**

May God, who has led us into paths of stillness and prayer, lead us still, and keep us in his ways. *Amen.*

May God, whose Son has loved us and given himself for us, love us still, and keep us in his peace. *Amen.*

May God, whose Spirit has lighted our way and filled our hearts with joy, illumine us still, and strengthen us for years to come. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## II

### FOR THE DEPARTED

*(Pronouns may change at Requiem for a specific person)*

May the Father who created *us* (or your servant(s) *N. & N.*) to live forever with him, welcome *us* into his heavenly kingdom.

*Amen.*

May the Son who redeemed *us* from the hopelessness of sin and from eternal death share His risen life with *us* in heaven for ever. *Amen.*

May the Holy Angels lead *us* into paradise, may the martyrs receive *us* at our coming, and bring *us* into the holy city Jerusalem, and with Lazarus, once poor, may we have everlasting rest. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

*Amen.*

## JJ

### ON HARVEST OCCASIONS

May the Lord make us thankful for food and drink and all other necessities of life, and save us from selfish use of what He has given, that everyone may share fully in the fruits of the earth.

*Amen.*

May the Lord bless those who work in the fields to take in the harvest and labor to bring us the fruits of the earth. May He send them seasonable weather and sanctify all their efforts.

*Amen.*

May the Lord who gave us dominion over the earth give us also the wisdom and reverence to be faithful stewards of its bounty.

*Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

*Amen.*

## G

### ASCENSION DAY

May Almighty God whose holy Son ascended into heaven to prepare a place for us, bless you richly at this holy time. *Amen.*

When the Lord Christ appears again as judge, may you be found a faithful servant in his sight. *Amen.*

Christ has taken his place on the heavenly throne, but know that he is also present with us until the end of time, according to his promise. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

*Amen.*

## H

### PENTECOST \*

May Almighty God, who enlightened the minds of the disciples by pouring out upon them the Holy Spirit, make you rich with his blessing, that you may abound more and more in that Spirit for ever. *Amen.*

May God, who sent the Holy Spirit as a flame of fire that rested upon the heads of the disciples, burn out all evil from your hearts, and make them shine with the pure light of his presence. *Amen.*

May God, who by the Holy Spirit caused those of many tongues to proclaim Jesus as Lord, strengthen your faith and send you out to bear witness to him in word and deed. *Amen..*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

*Amen.*

# I

## OF THE HOLY TRINITY

May God the Holy Father keep your soul and make you strong in faith and love. *Amen.*

May God the Holy Son direct your heart and defend you on every side. *Amen.*

May God the Holy Spirit guide your mind and lead you in truth and peace. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

# J

## IN ORDINARY TIME

### I

May Almighty God bless you in his loving mercy, and make you constantly aware of his saving power. *Amen.*

May he strengthen your faith by his grace that you may increase in virtue and persevere in good works. *Amen.*

May he direct your way to himself that you may walk in the path of charity and peace. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

# GG

## ON EMBER DAYS

May the God and Father who created a place for you in the pattern of his Providence bless you from His heavenly throne. *Amen.*

May God the Son who has called all his saints to follow him, open your spirit to hear his call to you. *Amen.*

May the Holy Spirit dwell in your heart, ever guiding you into the ways in which He has prepared for you to walk. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

# HH

## OF EUCHARIST & CORPUS CHRISTI

May the Father who fed his children in the wilderness with the bread of angels, help you to trust and honor his word. *Amen.*

May the Son who fed his disciples in the Upper Room with his Body, help you to know and respect that Gift. *Amen.*

May the Holy Spirit who feeds us now at the altar with the Body and Blood of the Christ, help you to honor and revere the Sacrament above all things. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

**EE**  
**OF MARY MAGDALENE**

May the Lord who delivered Saint Mary Magdalene from the seven demons free you also from all influence and power of the Evil One. *Amen.*

May Mary Magdalene who stood faithfully at the cross of Jesus inspire you not to flee in time of trouble and adversity. *Amen.*

May He who rewarded the faithful devotion of Mary by granting her the first greeting of His resurrection help you to emulate that devotion and to hear His voice speak your name. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

**FF**  
**OF SAINT JULIAN**

May the Father, the Creator and Sustainer of the world and all, send upon you the blessings and grace of his Power. *Amen.*

May the Son, the Mother and Redeemer of those who shall be saved, send upon you the blessings and grace of his Wisdom. *Amen.*

May the Holy Spirit, the Sanctifier and Toucher of souls, send upon you the blessings and goodness of his Love. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

**IN ORDINARY TIME, CONT'D**

**II**

May the God of mercy grant you blessings and peace all the days of your life. *Amen.*

May he free you from fear, worry, and doubt, and strengthen your hearts in his love. *Amen.*

May he grant you his gifts of faith, hope, and love, so that your life may be bountiful and you may find fulfillment in his eternal kingdom. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

**III**

May Almighty God protect you from all danger and bless you with every good gift. *Amen.*

May his word grow in your heart and bring you enduring joy. *Amen.*

May you delight in his will and walk in his ways always choosing what is right and good, until you receive your heavenly inheritance. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## K

### OF THE BLESSED VIRGIN

May he who was Son of God and child of the Blessed Virgin Mary uplift you with his blessings. *Amen.*

May you ever be aware of the caring love and constant intercession of the blessed and holy Virgin for you. *Amen.*

May you who honor the Blessed Virgin this day be filled with the power of the Spirit and joyfully come to your eternal home. *Amen.*

And the blessing of God Almighty, (✝) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## L

### OF AN APOSTLE

May the Lord Christ who founded his Church upon the Apostles bless you through the intercession of Saint *N.* (and Saint *N.*). *Amen.*

May God encourage and strengthen you to follow the examples of the apostles by witnessing to the truth before all the world. *Amen.*

May the faith of the Apostles strengthen your own faith and may their prayers help to lead you to your eternal home. *Amen.*

And the blessing of God Almighty, (□) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## CC

### THE SACRED HEART & HOLY CROSS

May the father who offered His Son on the cross as the perfect, broken Sacrifice of Love, richly bless you from his heavenly throne. *Amen.*

May the pierced Heart of the Redeemer teach you the suffering which for ever lies at the core of Love. *Amen.*

May the Holy Spirit help you to offer your own sufferings and tribulations that they may be transfigured into love and resurrection. *Amen.*

And the blessing of God Almighty, (✝) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## DD

### OF JOHN THE BAPTIST

On this day when we honor Saint John the Baptist may Yahweh, the God of the Prophets, send you blessings from his heavenly throne. *Amen.*

May Jesus, who was at once the Cousin, Friend, and Savior of Saint John, support you and be part of your ministry as he was of John's. *Amen.*

May the Holy Spirit lead you into your own desert and show you, too, the power and the price of the prophetic word. *Amen.*

And the blessing of God Almighty, (✝) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## AA

### AT CANDLEMAS

May God whose infant Son was brought to the Temple in fulfillment of the Father's Law and his prophets, bring you at last to your heavenly home. *Amen.*

May the Son who gave promised deliverance to Simeon and fulfilling joy to Anna give you also the consolations of his presence with you. *Amen.*

May the Holy Spirit who inspired the Prophets, guided the Holy Family, accepted the Child, and cleansed the Mother, also guide, accept, and cleanse you in His Temple. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## BB

### OF THE TRANSFIGURATION

*(and on the Last Sunday after the Epiphany)*

May Christ who revealed His heavenly splendor to His apostles upon the mount of the Transfiguration, share with you also an awareness of His glory. *Amen.*

May He who transcended time and the world to speak with Moses and Elijah also transcend time and the world to share His Word with you. *Amen.*

May the Father who from the cloud on the holy mountain acknowledged His Son, give you the sure knowledge that you also are his child. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## M

### OF AN EVANGELIST

May Almighty God to whose glory we celebrate the Feast of the Evangelist Saint send you blessings from his heavenly throne. *Amen.*

May the Christ who is enshrined in the Holy Gospels lead you to himself and to his love. *Amen.*

May the Holy Spirit open to you the depths of the Gospels and guide you to know the whole of God's Truth. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## N

### OF A MARTYR

May Almighty God to whose glory we celebrate this feast of his holy Martyr Saint N., bless you richly from his heavenly throne. *Amen.*

May the witness of the saints inspire you and move your heart to take up your cross also, to suffer gladly, and to follow the way of the crucified Christ. *Amen.*

May the intercessions of the holy Martyrs join with your prayers and the will of the Holy Spirit to bring you to your eternal home. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## O

### OF A MISSIONARY

May Almighty God to whose glory we celebrate this feast of his missionary Blessed *N.*, bless you richly from his heavenly throne. *Amen.*

May Christ who sent forth his disciples into the whole world, guide you as you witness to him in your world. *Amen.*

After the example of the blessed saints, may the Holy Spirit inspire you to speak as his voice and to serve as his witness wherever he may send you. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## P

### OF A MONASTIC

On this feast of blessed *N.*, may the Father who made the world and all things bless you in your Holy Poverty. *Amen.*

May the Son who chose the way of purity, bless you in your Holy Chastity. *Amen.*

May the Holy Spirit who guides your will bless you in your Holy Obedience. *Amen.*

And may the Holy Trinity to whom all our pleadings rise, bless you in your Holy Prayer (✚) in the Name of the Father, and of the Son, and of the Holy Spirit. *Amen.*

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## W

## Y

### OTHER SAINTS

May Almighty God, to whose glory we celebrate this festival of (All Saints or ———) be now and evermore your guide and companion in the way.. *Amen.*

May God, who has bound us together in the company of the elect, in this age and the age to come, attend to the prayers of his faithful servant(s) on your behalf, as he hears your prayers for them. *Amen.*

May God, who has given us, in the lives of his saints, patterns of holy living and victorious dying, strengthen your faith and devotion, and enable you to be witness to the truth against all adversity. *Amen.*

And the blessing of God Almighty, (□) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## Z

### OF THE HOLY ANGELS

By the grace of God and the prayers of the adoring hosts of heaven, may you finally come to share in their endless worship before the throne. *Amen.*

May your angelic guardian be with you in darkness and temptation, sharing his heavenly strength and encouraging you to endure. *Amen.*

May the angelic messengers never be turned away at your door and may God's word to you never fall on deaf ears. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

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## Q

### OF A MYSTIC

## OF A WORTHY SERVANT

May the Father to whose glory we celebrate this memorial of Blessed *N.*, pour his grace constantly upon you. *Amen.*

May the life and work of God's worthy servant inspire you earnestly to give yourself to the service of Christ and his brothers and sisters in the world. *Amen.*

May the Holy Spirit grant you the vision to see the needs in the world about you, and the strength to meet those needs in his Name. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## X

### OF A GODLY DISCIPLE

May the Father to whose Glory we celebrate this commemoration of Blessed *N.*, pour his grace constantly upon you. *Amen.*

May the devotion and commitment of Blessed *N.* inspire you earnestly to give yourself in true adoration and selfless service to Christ. *Amen.*

May the Holy Spirit give you the insight to recognize and the strength to fulfill the will of God in your life. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

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## S

### OF A THEOLOGIAN

May the ineffable and great God to whose glory we celebrate this feast of his holy Mystic Blessed *N.*, bless you richly from his heavenly throne. *Amen.*

May the wonder of the Incarnation of the Son of God transcending all definition and description become ever more and more the center of your faith. *Amen.*

May you be lifted upon the wings of the Holy Dove and borne by him to the center of Light in the Heart of God. *Amen.*

And may you recognize and honor the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, surrounding you now, and filling you for ever. *Amen.*

## R

### OF A (BISHOP &) PASTOR

May Almighty God to whose glory we celebrate this feast of his holy (Bishop and) Pastor, Saint *N.*, bless you richly from his heavenly throne. *Amen.*

May the great Shepherd of the sheep teach you love and concern for all whom he gives into your care. *Amen.*

May the Holy Spirit strengthen the integrity, patience, and love of all those who guide and care for others. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

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## U

### OF AN ARTIST, POET, OR COMPOSER

May Almighty God to whose glory we celebrate this feast of blessed *N.*, bless you richly from his heavenly throne. *Amen.*

May the deep wisdom of the Incarnate Word which filled the mind and heart of *N.*, fill you also with the wonder of his truth. *Amen.*

May the Holy Spirit inspire you also to hunger and thirst for true knowledge of God. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## T

### OF A SCHOLAR

May Almighty God, to whose glory we celebrate this festival of Blessed *N.*, be now and evermore your guide and companion in the way. *Amen.*

Like Blessed *N.*, may you give your heart and mind to the study of the treasured teachings of the Church that you may be always ready to give a reason for the hope that is in you. *Amen.*

May you hold in high honor all who strive with deep thought and prayer to seek and to teach the great truths of the Gospel. *Amen.*

And the blessing of God Almighty, (☐) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

May Almighty God, to whose glory we celebrate this festival of Blessed *N.*, be now and evermore your guide and companion in the way. *Amen.*

As Blessed *N.*, brought joy and beauty to God's service with the gift of grace-filled *poetry (and music)*, so may you offer your own gifts at God's altar to be blessed by him and used for his greater glory. *Amen.*

May we all have the grace to aid, encourage, and support all artists who compose and create works of beauty and devotion for the praise and honor of God. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

## V

### OF A REFORMER

May Almighty God, to whose glory we celebrate this festival of Blessed *N.*, be now and evermore your guide and companion in the way. *Amen.*

May God grant you the grace to defend the truths of holy religion from carelessness, worldliness, and the errors of those who would compromise the faith. *Amen.*

May you stand ever ready to rally the faithful and to call back to fidelity those who have wandered and gone astray. *Amen.*

And the blessing of God Almighty, (✚) the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

THE  
SEASONAL  
BLESSINGS

*From The Book of Occasional Services,*

adaptations of Roman Catholic use,

and

original compositions

according to the use of

The Order of Julian of Norwich

2004

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